



JANUARY 2011

# THE SPIRITUALIST

A PUBLICATION OF PLYMOUTH SPIRITUALIST CHURCH

## PASTOR'S CORNER

Hello! Happy "New You" Year!

This a great time to realign yourself to the spiritual parts of who you are. Instead of making promises that you may or may not keep, allow yourself to empower all of the spirit energies, spirit guides, angels, teachers, and spirit loved ones to assist you on your soul journey. It is as easy as asking, allowing, and then taking a positive "action" to make it so. Meditate even just a few minutes each morning. By tuning in, and making a Spirit connection, your link will become strong and eventually making the connection will be as natural to you as your breathing. Jump into development circles at Plymouth and discover the many dimensions of your soul!

Many of you know that I am away on a two-month sabbatical, which begins at the end of the first week in January, 2011. This time-out will be to rejuvenate my own soul, rest, refocus, and to, of course, write. I am looking forward to a deeper healing of my body, mind, and spirit. I am taking Yoga classes three times a week. It is time for my first book to be finished. When the Universe answers your prayers, you must accept the answers with open arms and a heart full of gratitude. I thank my dear friends for the gift of sacred space by the ocean. I thank my Board at PSC for holding up the church. I thank all of you who will continue attending classes and services. I thank my family for taking care of one another. And I thank Spirit for allowing me the opportunity to serve my own soul for the first time in years!



## Together We Are One

Pastor Robin Higgins  
29 Vick Park A  
Rochester, NY 14607  
(585) 271-1470  
pastorrobin@rochester.rr.com

### Sunday Service

10:30 - 12:00 noon

### Third Wednesdays

### Message & Spiritual

### Healing Service

7 - 9 PM

Please arrive by 8 PM  
10-minute readings for  
\$15 donation

Free Spiritual Healing

### Pastor's Office Hours:

As available & by appointment

### Web Site:

[Plymouthspiritualistchurch.org](http://Plymouthspiritualistchurch.org)

### Newsletter Feedback:

newsletter@  
[plymouthspiritualistchurch.org](http://plymouthspiritualistchurch.org)

In case of an emergency, you may reach me by email through the [www.robinwinds.com](http://www.robinwinds.com) site or [pastorrobin@rochester.rr.com](mailto:pastorrobin@rochester.rr.com) site, and through the PSC Board by phone!

All is well . . . Woo-hoo!



**See you all back at Sunday service March 6!**

With My Love & Light,  
~ Pastor Robin

## BOARD OF TRUSTEES

**President :** Joanne Antinore

Jcantinore@rochester.rr.com

**Vice President & Pastor-Board Liaison:**

Liz Curcio: liz.curcio@gmail.com

**Secretary:**

Val Grosche: vgrosche@rochester.rr.com

**Treasurer:** TBD

**Trustees:**

Alice Lombardo: alio73@aol.com

Susan Fiandach: Sfiandach@gmail.com

Cathie Miller: catmiller1010@aol.com

## PSC Spiritual Healing Development:

Contact Kathy Manikowski at  
Sunflowernl@aol.com:

## Offertory

Avg. Needed: **\$2,500 +**  
December: **\$1,740**

## PSC January Theme:

*Renewing Spirit  
and  
Creating Positive Change!*



## Church Change for Community Change

Put your pocket change in the little wooden church in the entry hall. Small amounts of change can really add up to make big changes in the world around us.

**January: Sojourner House Shelter**



**MAJOR UPCOMING EVENTS**

**“GIFTS OF THE SPIRIT CLUB” KICK-OFF MEETING  
SUNDAY, JANUARY 16!**

At this time of the year, we begin to take more notice of others in need. We shop happily for friends and family, and as we do we joyfully donate a dollar here and there. We may pick a child’s name off of a tree and give a toy to ensure a happy holiday for that child. This is something we do to give back for our own blessings, and it’s beautiful.

Then January arrives, and for the next 11 months we forget about the others that are so desperately in need. It could be a lonely shut-in or a sick neighbor, a home for the aging or the ill.

We at Plymouth Spiritualist Church would like to fill the 11-month void with our new

**Gifts of the Spirit Club!**

This club will find ways of bringing joy to others throughout the year with a new project each month. This won’t cost a dime! Just a few hours a month! I’M IN... Who’s going to join me? If you will be joining us, come with a smile, ideas, and a pen and paper!

12:15 to 1:15 on Sunday, January 16! *Thanks! Sue*

Please contact Sue Fiandach at



**EXPLORING YOUR CHAKRAS**

with Kathy Manikowski



Learn what you can do to bring balance and energy to your life!

**Sunday, January 23:** Root & Sacral Chakras  
12:30–2:30 PM. \$25.

Pack a snack!

A minimum of four people need to be registered for this class to be held.

**See page 4 for more information and classes!**

**GALLERY READINGS**

Gallery Readings with PSC Mediums. Join us for extended personal messages from your guides and loved ones in Spirit. Each audience member will receive approximately five personal messages from Spirit and the opportunity to ask a question. \$15.

**Saturday, February 12, 7-9 PM**

**”BE YOUR DESIRE”**

**The science of deliberately creating your world**

with Dr. Ron Rozzi

**Sunday, February 13, from 12:30–2:30 PM**

The cost of the class is \$25

This informative class is designed to outline the process involved in utilizing the **Law of Attraction** to deliberately create and manifest desires you may have for yourself.

The class will provide discussion, sharing, and exercises to learn how to remove negative emotional blockages.

Dr. Ronald Rozzi, Ms.D., RHy, is a Metaphysician/Hypnotherapist who has been a guest speaker at Plymouth!

HOW  
THOUGHTS  
BECOME THINGS

**JANUARY THEME: RENEWING SPIRIT AND CREATING POSITIVE CHANGE**



- Sun. Jan. 2 **Speaker: Pastor Robin**  
**Extended Spiritual Healing**, 12:15 - 12:45 PM, Love donation
- Tues. Jan. 4 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10
- Wed. Jan 5 **Meet Your Spirit Guides Circle with Pastor Robin**, 6:30–8:30 PM, \$25
- Thurs. Jan. 6 **Mediumship Development Circle**, 7 - 9 PM, \$10
- Sun. Jan. 9 **Speaker: Mark Englerth**  
**Choir Practice**, 12:15–1:00 PM
- Tues. Jan. 11 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10
- Wed. Jan. 12 **Empowerment Drumming** with Cathie and Stephanie Miller, 7 - 9 PM, \$10
- Thurs. Jan. 13 **Mediumship Development Circle**, 7 - 9 PM, \$10
- Sun. Jan. 16 **Speaker: Liz Curcio**  
**“Gifts of the Spirit” Kick-off Meeting** 12:15 PM  
**Meal and a Message—“Souper Bowl”**. Lunch only, \$5. Reading only, \$10. Members, \$12. Friends, \$15
- Wed. Jan. 19 **Message and Spiritual Healing Service**, 7 - 9 PM, 10-minute reading \$15,  
FREE spiritual healing. Please arrive by 8 PM.
- Thurs. Jan. 20 **Mediumship Development Circle**, 7 - 9 PM, \$10
- Sun. Jan. 23 **Speaker: Cathie Miller**  
**Choir Practice**, 12:15–1:00 PM  
**Exploring Your Chakras** with Kathy Manikowski—Root and Sacral Chakras,  
12:30–2:30 PM. \$25
- Tues. Jan. 25 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10
- Wed. Jan. 26 **Pathway to Plymouth Program Step 1**, 6:30–8:30 PM, \$25 per class, or  
\$75 for all four classes prepaid.

**FEBRUARY THEME: PRACTICING LOVE AND FORGIVENESS**



- Wed. Feb 2 **Meet and Greet Your Spirit Guides** with Sue Fiandach, 6:30–8:30 PM, \$25
- Sun. Feb. 6 **Guest Speaker Dr. Ron Rozzi**
- Tues. Feb 8 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10
- Thurs. Feb.10 **Mediumship Development Circle**, 7 - 9 PM, \$10
- Wed. Feb. 9 **Empowerment Drumming** with Cathie and Stephanie Miller, 7 - 9 PM, \$10
- Sat. Feb. 12 **Gallery Readings**, 7–9 PM, \$15
- Sun. Feb. 13 **“Be Your Desire” Class with Dr. Ron Rozzi**, 12:30–2:30 PM, \$25
- Wed. Feb. 16 **Message & Spiritual Healing Service**, 7 - 9 PM, 10-minute reading \$15,  
FREE spiritual healing. Please arrive by 8 PM.
- Wed. Feb. 23 **Pathway to Plymouth Program Step 2**, 6:30–8:30 PM, \$25 per class, or \$75 for all four prepaid

**UPCOMING EVENTS ... AND BEYOND ...**

- Sat. March 12 Séance with Robin Wind and Company
- Sun. March 27 Exploring Your Chakras with Kathy Manikowski, Third Eye and Throat Chakras
- April 1–3 Carol Gasper, Lily Dale Medium — Events to be rescheduled from December, 2010
- Sat. April 16 Friends of Plymouth Psychic Fair

At PSC, no one is ever turned away for inability to pay.

\* Programs offered by Friends of Plymouth, are not necessarily NSAC approved.

## Classes and Events

### Class Minimums

Our classes and workshops need to have a **minimum of four people** who are actually **registered and paid**. If you plan to attend a class, please sign up, pay, and leave your phone number so you may be called if it is canceled. Sign-up sheets are located off to the side of the main entrance into church. Most circles are "drop in" and will always be held except in an emergency situation. Sign up with Liz Curcio or Kathy Manikowski to be put on the Circle emailing list.

### Meal & A Message

#### Sunday, January 16 "Souper Bowl Lunch"

Following the service, stick around for good food, great friends, and an uplifting message. For the meal and a message: PSC members \$12, friends \$15; A message only, \$10. The meal only, \$5, or bring a dish to pass and eat for free!



February 20: Pancake Breakfast and Brunch

March 20: Irish Lunch

### Empowerment Drumming

#### 2nd Wednesday of Each Month

January 12, 7–9 PM, \$10

Join Cathie and Stephanie Miller in drumming, and discover your soul's sacred rhythmic song. Drumming can reduce stress, assist with the mind-body connection, and increase your enthusiasm for life! Drums and other percussion instruments are available if you don't have your own!



### PSC Choir

Choir Practice is on the 2nd and 4th Sundays



Come join us in learning songs to sing during our church services!

Practice time is 12:15–1:00.

### Exploring Your Chakras

with Kathy Manikowski

Join us for informative, enlightening glimpses into your energy centers. Learn what you can do to bring balance and energy to your life. Lots of information, meditations, visualizations, and gentle movements will enliven these mind and spirit expanding classes!

There is a class minimum of four registered and paid attendees for each class to be held.

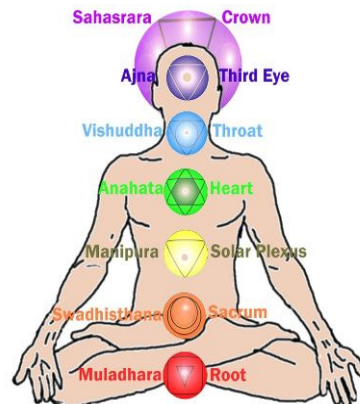
All classes are from 12:30 - 2:30 PM, with a cost \$25 per class. Pack a snack!

Sunday, January 23: Root & Sacral Chakras

Sunday, Feb. 20: Solar Plexus & Heart Chakras

Sunday, March 27: Throat & Third Eye Chakras

TBD: Crown Chakra and Beyond



## Classes and Events

### MEET AND GREAT YOUR SPIRIT GUIDES DEVELOPMENT CIRCLE

All Spirit work needs a good foundation. This includes knowing the team of spirit guides who are working with you. As healers, practicing all types of mediumship work, or just in our plain day-to-day life, we must tap into this source to help, teach, guide, and protect our gifts. Having a clearer channel to these guides will not only help you to feel better connected to the Source, but will also develop relationships allowing greater understanding of messages from those who assist us! All classes include a guided meditation led by Pastor Robin, followed by a group discussion and Q&A time. It is interactive and a great thing to do again and again, as each time you do this type of meditation, more is revealed! Please bring a notebook or journal.

First Wednesday of each month, 6:30–8:30 PM  
\$25 or 2/\$40

### SPIRITUAL HEALING DEVELOPMENT

This circle will help to increase your knowledge and experience of Spiritual Healing through meditation and practice. You must take the Intro to Spiritual Healing Class or the Pathways to Plymouth Step 2 Healing class before joining this Circle. Contact Kathy Manikowski at: sunflowernl@aol.com or call 703-9518.



### MEDIUMSHIP DEVELOPMENT

In this circle we will practice meditation, delivering messages and advance mediumship techniques. If you have any questions, please contact Pastor Robin at: pastorrobin@rochester.rr.com

Thursdays, 7 - 9 PM, \$10



### Would You Like a Reading ?

Readings are available from the PSC Mediums after Sunday services. It is best to schedule appointments ahead, so the Medium you are interested can plan according. Talk with Liz Curcio if you have any questions.

Cost \$1 per minute

### THE PATHWAY TO PLYMOUTH PROGRAM

PSC is where you are free to grow and discover your "personal truth." The Pathway to Plymouth Program is designed to answer questions and to provide you with the keys needed to unlock that truth, helping you develop a more meaningful connection with the essence of your being and Spiritualism. It is a four-step process offered three times a year.

Step 1 - Spiritualism: Our Mission, Our Purpose, and Our Principles

Step 2 - Growing Through The Healing Process

Step 3 - Growing Through Mediumship

Step 4 - Growing Through Service

This program will be required for all who are interested in joining our church in 2011 and beyond. Topic discussions will be led by Liz Curcio and Pastor Robin.

The classes are held on the fourth Wednesday of the month. The cost is \$25 per class or \$75 for all classes if prepaid.

Step 1 class will be held Wednesday, January 26



### Prayer For Abundance

Creator,

I know that the River of Life brings with it unimaginable gifts of love and good. I freely give to life and welcome the limitless bounty that life gives back to me. I give grateful thanks for the blessings and abundance that are flowing to me and to Plymouth Spiritualist Church.

Abundance is about more than just money, it's about all things in your life love, health, family, friends, spirit, etc.

Written by Kathy Manikowski, this prayer is a regular part of our service!

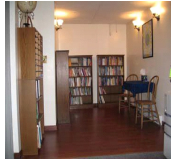
# Plymouth Spiritualist Church

## January 2011

| Sunday  | Monday | Tuesday   | Wednesday  | Thursday   | Friday | Saturday             |
|---|--------|---|--|--|--------|----------------------|
|   |        |   |  |  |        | 1<br>New Year's Day! |
| 2<br><b>Speaker:</b> Pastor Robin<br>Extended Spiritual Healing,<br>12:15–12:45 PM,<br>Love Donation  | 3      | 4<br><b>Spiritual Healing<br/>Development Circle</b><br>7-9 PM, \$10  | 5<br><b>Meet and Greet Your<br/>Spirit Guides Develop-<br/>ment Circle</b><br>6:30–8:30 PM, \$25               | 6<br><b>Mediumship<br/>Development Circle</b><br>7-9 PM, \$10  | 7      | 8                    |
| 9<br><b>Speaker:</b> Alice Lombardo<br><b>Choir Practice</b><br>12:15–1:00 PM   | 10     | 11<br><b>Spiritual Healing<br/>Development Circle</b><br>7-9 PM, \$10 | 12<br><b>Empowerment<br/>Drumming</b><br>7-8:30 PM, \$10   | 13<br><b>Mediumship<br/>Development Circle</b><br>7-9 PM, \$10 | 14     | 15                   |
| 16<br><b>Speaker:</b> Liz Curcio<br><b>Meal and a Message<br/>"Soup Bowl Lunch"</b><br>"Gifts of the Spirit " Kick-off<br>Meeting 12:15 PM  | 17     | 18  | 19<br><b>Message &amp; Spiritual<br/>Healing Service</b><br>7–9 PM<br>\$15 for a Reading, Heal-<br>ing is Free | 20<br><b>Mediumship<br/>Development Circle</b><br>7-9 PM, \$10 | 21     | 22                   |
| 23<br><b>Speaker:</b> Cathie Miller<br><b>Choir Practice :</b><br>12:15–1:00 PM<br><b>Exploring the Root and Sac-<br/>ral Chakras</b> with Kathy<br>Manikowski,<br>12:30–2:30 PM \$25 | 24     | 25<br><b>Spiritual Healing<br/>Development Circle</b><br>7-9 PM, \$10 | 26<br><b>Pathway to Plymouth<br/>Program, Step 1</b><br>6:30–8:30 PM,<br>\$25/Class                            | 27<br><b>Mediumship<br/>Development Circle</b><br>7-9 PM, \$10 | 28     | 29                   |
| 30<br><b>Speaker:</b> Val Grosche   | 31     |   |  |  |        |                      |

**PSC Library**

The PSC Library is open for use! Please check out this wonderful room downstairs. Books can be signed out, and there is a box for donations. Any questions, please see Sue Fiandach.



**Happy Birthday to You!**

- Jan. 9 Cathie Higgins
- Jan. 11 Mary Howard
- Jan. 20 Pastor Robin Higgins
- Jan. 28 Shirley DeMarco



**Please fill out affidavits for our student Healers and Mediums**

Our students are working to become certified Plymouth Healers and Mediums. Certification for either requires 30 affidavits from you. If you have had a wonderful healing or evidential message, please fill out an affidavit. Healer affidavits are located on the table in the back of the Church, and Medium affidavits are located in a folder posted on the wall in the foyer.

Thank you for supporting our students as they serve God, Spirit, and you!

**PSC Food Cupboard**

Donations of food and gift cards are always welcomed and appreciated to help local families! There is a need, especially for gift cards, as the cards provide the means to buy fresh products!

Please contact Francine Martella.



**PSC Hymnal Purchase Update**

We are using our new hymnals, but they are not all yet dedicated! You can purchase and dedicate a hymnal in memory or honor of a loved one, a pet, yourself, or just because! We would like to have all of our hymnals dedicated.

**Please contact Sue Fiandach to purchase for \$25 each.** Sue's email: [sfiandach@gmail.com](mailto:sfiandach@gmail.com).

**PSC Prayer, Love, and Light List**

Do you know of someone in need of loving energy for any reason at all? Yes, it can also be you! Let us know the name or initials, and we will envision them in love, light, and perfect mental, emotional, spiritual, and physical health!

Email Kathy Manikowski, and she will add your request to the prayer list. Or, do you have a few minutes in your day to send a prayer for love and light to someone in need? Sign up to participate in Plymouth's new email prayer group by emailing Kathy at [Sunflowernl@aol.com](mailto:Sunflowernl@aol.com)

**Will You Do Your Part?**

Plymouth is a "co-op" church. It exists because members and friends contribute their money, time, and energy to make things happen. Please do your part and participate how and where you can. You meet the best people at PSC! There will be a few extra "chores" available with Pastor Robin being on Sabbatical!

**Plymouth on Facebook**



**Plymouth has " 226 People Like This" on our Plymouth Spiritualist Church Facebook page!**

Are you one who Likes the Page? Check out the page for news, quotes, comments, and photos!

Newsletter Sponsors

*-Robin Wind*  
Psychic Medium

Spiritual Adviser  
Shamanic Healer  
Reiki Master Teacher  
Teacher / Lecturer

[Robin@robinwinds.com](mailto:Robin@robinwinds.com)  
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**Business Card Ads**

\$30 for 6 months, (Jan-June or July-Dec)

\$60 for 12 months  
Send ad or Business Card to

newsletter@plymouthspiritualistchurch.org