



**FEBRUARY 2011**

# THE SPIRITUALIST

A PUBLICATION OF PLYMOUTH SPIRITUALIST CHURCH

## PASTOR'S CORNER

Greetings From Sunny Key West, No, I am NOT bragging! I am like a house plant. I simply thrive in sunlight. I have settled in nicely, but I'm still trying to work the kinks out of my electronic gadgets and learn new things. I am not taking it personally when I hear that. "they" know I have arrived. Yes, they do! So far, since I have been on the island, there have been 3 short power outages! There are spirit voices everywhere.

There's loads of history here, and I will be exploring as time goes on. I walk an hour or two everyday. The beach is my new BFF. Hey, I am completely surrounded by water to make my energy even more "alive" as I am plugged into my source. There is a total laid back vibe here.

Lot's of "stuff in the air" from Haiti. I have met a few people who live here and have family still living there. One year later, people are still homeless—broken mentally, physically, and spiritually. People are dying every few minutes from a cholera outbreak. Our US doctors/nurses along with other Red Cross responders have long since left the country. People are still living on streets or in tents. The city is under rubble. It is sad. Though it is easy to forget that there are people in need, please help me continue to do what Spiritualists do best: send long distance healing to this place, to its people, and to the governments who have all this financial aide caught up in red tape.

On a lighter note: I am writing daily. I will be searching for dolphin soon!

## Together We Are One

Pastor Robin Higgins  
29 Vick Park A  
Rochester, NY 14607  
(585) 271-1470  
pastorrobin@rochester.rr.com

### Sunday Service

10:30 - 12:00 noon

### Third Wednesdays

### Message & Spiritual

### Healing Service

7 - 9 PM

Please arrive by 8 PM  
10-minute readings for  
\$15 donation

### Free Spiritual Healing

### Pastor's Office Hours:

As available & by appointment

### Web Site:

[Plymouthspiritualistchurch.org](http://Plymouthspiritualistchurch.org)

### Newsletter Feedback:

newsletter@  
[plymouthspiritualistchurch.org](http://plymouthspiritualistchurch.org)

Be well and I really do miss all of you.

Sunrises on the East Beach, Sunsets on the West Beach, Cold Winds off the North Beach and Robin Wind on the South Beach. I am in heaven on earth. See you March 6th!

*Sending Love and Blessings,*

*Pastor Robin*



## BOARD OF TRUSTEES

**President :** Joanne Antinore

Jcantinore@rochester.rr.com

**Vice President & Pastor-Board Liaison:**

Liz Curcio: liz.curcio@gmail.com

**Secretary:**

Val Grosche: vgrosche@rochester.rr.com

**Treasurer:** TBD

**Trustees:**

Alice Lombardo: alio73@aol.com

Susan Fiandach: Sfiandach@gmail.com

Cathie Miller: catmiller1010@aol.com

## PSC Spiritual Healing Development:

Contact Kathy Manikowski at  
Sunflowernl@aol.com

## Offertory

Avg. Needed: **\$2,500 +**  
January: **\$1,906 + 1/30 Collection**

**PSC February Theme:**  
*Practicing Love and Forgiveness*



## Church Change for Community Change

Put your pocket change in the little wooden church in the entry hall. Small amounts of change can really add up to make big changes in the world around us.

**February: Lollypop Farm**



**MAJOR UPCOMING EVENTS**

**PSC FUNDRAISER!**

PSC is selling soy candles, available in various colors and scents.

What's special about these candles? The Plymouth *Healing Prayer* is on the back of the candle!

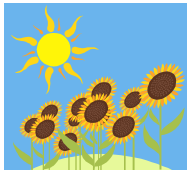


**GALLERY READINGS**

Gallery Readings with PSC Mediums! Join us for extended personal messages from your guides and loved ones in Spirit.

Each audience member will receive approximately five personal messages from Spirit and the opportunity to ask a question. \$15.

Saturday, February 12, 7-9 PM



**EXPLORING YOUR CHAKRAS**

with Kathy Manikowski

Learn what you can do to bring balance and energy to your life!

Sunday, February 27: Solar Plexus and Heart Chakras , 12:30–2:30 PM. \$25.

Pack a snack!

A minimum of four people need to be registered for this class to be held.

See page 4 for more information and classes!



**"BE YOUR DESIRE"**

The science of deliberately creating your world with Dr. Ron Rozzi

Sunday, February 13, from 12:30–2:30 PM  
The cost of the class is \$25

This informative class is designed to outline the process involved in utilizing the **Law of Attraction** to deliberately create and manifest desires you may have for yourself.

The class will provide discussion, sharing, and exercises to learn how to remove negative emotional blockages.

Dr. Ronald Rozzi, Ms.D., RHy, is a Metaphysician/Hypnotherapist who has been a guest speaker at Plymouth!



**SÉANCE**

with Robin Wind and Company

Join Pastor Robin as she channels her many guides, and they deliver personal messages to everyone. Each person in attendance will also have the opportunity to ask a question and get an answer from "the other side".

Saturday, March 12, 7–9 PM  
Preregistration and \$25 Prepayment is required

**"GOT SPIRIT" Club**

12 people attended the January kick-off meeting. The club will be posting a board at PSC asking for "Needs" and "Haves". Check it out!

*Got Spirit* is looking to have each club member commit to an identified need for a given month, and solicit help from others to address that need.

If you know of a person, situation, or family that is in need, or if you would like to join "Got Spirit", please talk to Sue Fiandach.

**FEBRUARY THEME:  
PRACTICING LOVE AND FORGIVENESS**



- Tues. Feb. 1 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10
  - Wed. Feb. 2 **Meet Your Spirit Guides Circle** with Sue Fiandach, 6:30–8:30 PM, \$25
  - Thurs. Feb. 3 **Mediumship Development Circle**, 7 - 9 PM, \$10
  - \* Sun. Feb. 6 **Speaker: Dr. Ron Rozzi**  
**Extended Spiritual Healing**, 12:15 - 12:45 PM, Love donation
  - Tues. Feb. 8 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10
  - Wed. Feb. 9 **Empowerment Drumming** with Cathie and Stephanie Miller, 7 - 9 PM, \$10
  - Thurs. Feb. 10 **Mediumship Development Circle**, 7 - 9 PM, \$10
  - Sat. Feb. 12 **Gallery Readings**, 7–9 PM, \$15
  - Sun. Feb. 13 **Speaker: Sue Fiandach**  
**“Be Your Desire” Class with Dr. Ron Rozzi**, 12:30–2:30 PM, \$25  
**Choir Practice**, 12:15–1:00 PM
  - Wed. Feb. 16 **All Message and Spiritual Healing Service**, 7 - 9 PM, 10-minute reading \$15,  
FREE spiritual healing. Please arrive by 8 PM.
  - Thurs. Feb. 17 **Mediumship Development Circle**, 7 - 9 PM, \$10
  - \* Sun. Feb. 20 **Speaker: Liz Curcio**  
**Meal and a Message—“Pancake Breakfast and Brunch”**. Meal only, \$5. Reading only,  
\$10. Members (Meal and Reading) \$12. Friends (Meal and Message) \$15
  - Tues. Feb. 22 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10
  - Wed. Feb. 23 **Pathway to Plymouth Program Step 2**, 6:30–8:30 PM, \$25 per class, or  
\$75 for all four classes prepaid.
  - Thurs. Feb. 24 **Mediumship Development Circle**, 7 - 9 PM, \$10
  - Sun. Feb. 27 **Speaker: Joanne Antinore**  
**Choir Practice**, 12:15–1:00 PM  
**Exploring Your Chakras** with Kathy Manikowski, 12:30–2:30, \$25. Solar Plexus and Heart!
- \* **New! Childcare provided by PSC during the service on the 1st and 3rd Sundays!**

**MARCH THEME: HISTORY OF MODERN SPIRITUALISM**



- Wed. March 2 **Meet Your Spirit Guides Circle** with Pastor Robin, 6:30–8:30 PM, \$25
- Wed. March 9 **Empowerment Drumming** with Cathie and Stephanie Miller, 7 - 9 PM, \$10
- Sat. March 12 **Séance with Robin Wind and Company**, 7–9 PM, \$25
- Wed. March 16 **Message & Spiritual Healing Service**, 7 - 9 PM, 10-minute reading \$15,  
FREE spiritual healing. Please arrive by 8 PM.Wed.
- Wed. March 23 **Pathway to Plymouth Program Step 3**, 6:30–8:30 PM, \$25 per class
- Sun. March 27 **Exploring Your Chakras** with Kathy Manikowski, Third Eye and Throat Chakras,  
12:30–2:30 PM, \$25

**UPCOMING EVENTS ... AND BEYOND ...**

- Fri. April 1 **Message Circle with Carol Gasper, Lily Dale Medium** – 7–9PM, \$25 per person, or \$40 for two
- Sat. April 16 **Friends of Plymouth Psychic Fair**, 11 AM–7 PM.
- May **Exploring Your Chakras with Kathy Manikowski**, Crown Chakra and Beyond!
- Sun. June 1 **\* PSC Annual Meeting, 1 PM \***

At PSC, no one is ever turned away for inability to pay.

\* Programs offered by Friends of Plymouth, are not necessarily NSAC approved.

## Classes and Events

### Class Minimums

Our classes and workshops need to have a **minimum of four people** who are actually **registered and paid**. If you plan to attend a class, please sign up, pay, and leave your phone number so you may be called if it is canceled. Sign-up sheets are located off to the side of the main entrance into church. Most circles are "drop in" and will always be held except in an emergency situation. Sign up with Liz Curcio or Kathy Manikowski to be put on the Circle emailing list.

### Meal & A Message

**Sunday, February 20 Pancake Breakfast and Brunch**

Following the service, stick around for good food, great friends, and an uplifting message. For the meal and a message: PSC members \$12, friends \$15; A message only, \$10. The meal only, \$5, or bring a dish to pass and eat for free!

**March 20: Irish Lunch**  
**April 17:**  
**May 15: Mexican Fiesta**



### Empowerment Drumming 2nd Wednesday of Each Month

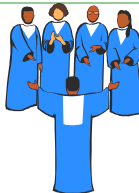
**February 9, 7–9 PM, \$10**

Join Cathie and Stephanie Miller in drumming, and discover your soul's sacred rhythmic song. Drumming can reduce stress, assist with the mind-body connection, and increase your enthusiasm for life! Drums and other percussion instruments are available if you don't have your own!



### PSC Choir

**Choir Practice is on the 2nd and 4th  
 Sundays, 12:15–1:00 PM**



Come join us in learning songs to sing during our church services! All are welcome!

Contact Linda Short with questions.

### Exploring Your Chakras

**with Kathy Manikowski**

Join us for informative, enlightening glimpses into your energy centers. Learn what you can do to bring balance and energy to your life. Lots of information, meditations, visualizations, and gentle movements will enliven these mind and spirit expanding classes!

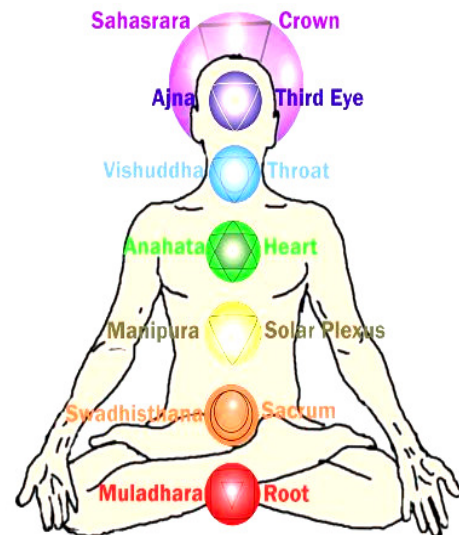
There is a class minimum of four registered and paid attendees for each class to be held.

All classes are from 12:30 - 2:30 PM, with a cost \$25 per class. Pack a snack!

**Sunday, Feb. 27: Solar Plexus & Heart Chakras**

**Sunday, March 27: Throat & Third Eye Chakras**

**May: Crown Chakra and Beyond**



## Circles + PSC Membership and Student Healer/Medium Requirements

### MEET AND GREET YOUR SPIRIT GUIDES DEVELOPMENT CIRCLE

All Spirit work needs a good foundation. This includes knowing the team of spirit guides who are working with you. As healers, practicing all types of mediumship work, or just in our plain day-to-day life, we must tap into this source to help, teach, guide, and protect our gifts. Having a clearer channel to these guides will not only help you to feel better connected to the Source, but will also develop relationships allowing greater understanding of messages from those who assist us!

All classes include a guided meditation led by Pastor Robin, followed by a group discussion and Q&A time. It is interactive and a great thing to do again and again, as each time you do this type of meditation, more is revealed! Please bring a notebook or journal.

**First Wednesday of each month, 6:30–8:30 PM  
\$25 or 2/\$40**



### SPIRITUAL HEALING DEVELOPMENT CIRCLE

This circle will help to increase your knowledge and experience of Spiritual Healing through meditation and practice. To attend, you must take the Pathways to Plymouth Program Step 2 Healing class.

Please contact Kathy Manikowski at: [su-flowernl@aol.com](mailto:su-flowernl@aol.com) or call 703-9518 with questions!

**Tuesdays, 7 - 9 PM, \$10**

### MEDIUMSHIP DEVELOPMENT CIRCLE

In this circle, we will practice meditation, delivering messages and advanced mediumship techniques. To attend, you must take the Pathway to Plymouth Program Step 3 Mediumship class. Please contact Pastor Robin at: [pastorrobin@rochester.rr.com](mailto:pastorrobin@rochester.rr.com) with questions!

**Thursdays, 7 - 9 PM, \$10**



### THE PATHWAY TO PLYMOUTH PROGRAM

PSC is where you are free to grow and discover your "personal truth." The Pathway to Plymouth Program is designed to answer questions and to provide you with the keys needed to unlock that truth, helping you develop a more meaningful connection with the essence of your being and Spiritualism. It is a four-step process offered three times a year.

Step 1 - Spiritualism: Our Mission, Our Purpose, and Our Principles (Replaces *Philosophy* class)

Step 2 - Healing (Replaces *Spiritual Healing* class)

Step 3 - Mediumship

Step 4 - Opportunities to Serve

**All 4 classes are required to become a PSC Member.**

Topic discussions will be led by Liz Curcio and Pastor Robin. The classes are held on the fourth Wednesday of the month. The cost is \$25 per class or \$75 for all 4 classes if prepaid.

**Step 2 class will be held Wednesday, Feb. 23**



### WOULD YOU LIKE TO BE A PSC STUDENT HEALER OR STUDENT MEDIUM?

**To be called a Student Healer, you must::**

- \* Attend Step 2 of the "Pathway" program, **and**
- \* Attend four Tuesday Spiritual Healing Circles

**To be called a Student Medium, you must:**

- \* Attend Step 3 of the "Pathway" program, **and**
- \* Attend the all-day Mediumship Class

Contact Pastor Robin, Liz Curcio, Sue Fiandach, or Kathy Manikowski with questions.

# Plymouth Spiritualist Church

## February 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Spiritual Healing Development Circle 7-9 PM, \$10	2 Meet and Greet Your Spirit Guides Develop- ment Circle 6:30-8:30 PM, \$25	3 Mediumship Development Circle 7-9 PM, \$10	4	5
6 Speaker: Dr. Ron Rozzi Choir Practice 12:15-1:00 PM	7	8 Spiritual Healing Development Circle 7-9 PM, \$10	9 Empowerment Drumming 7-8:30 PM, \$10	10 Mediumship Development Circle 7-9 PM, \$10	11	12 Gallery Readings, 7-9 PM, \$15
13 Speaker: Sue Fiancach "Be Your Desire" Class with Dr. Ron Rozzi 12:30- 2:30PM \$25 Choir Practice: 12:15-1:00	14	15	16 Message & Spiritual Healing Service 7-9 PM \$15 for a Reading. Heal- ing is Free	17 Mediumship Development Circle 7-9 PM, \$10	18	19
20 Speaker: Liz Curcio Meal and a Message "Pancake Breakfast/ Brunch"	21	22 Spiritual Healing Development Circle 7-9 PM, \$10	23 Pathway to Plymouth Program, Step 2 6:30-8:30 PM, \$25	24 Mediumship Development Circle 7-9 PM, \$10	25	26
27 Speaker: Joanne Antinore Exploring the Root and Sac- ral Chakras 12:30-2:30 PM \$25 Choir Practice 12:15-1:00	28					

**PSC Library**

The PSC Library is open for use! Please check out this wonderful room downstairs. Books can be signed out, and there is a box for donations. Any questions, please see Sue Fiandach.



**PSC Hymnal Purchase**

We are using our new hymnals, but they are not all yet dedicated! You can purchase and dedicate a hymnal in memory or honor of a loved one, a pet, yourself, or just because! We would like to have all of our hymnals dedicated.

**Please contact Sue Fiandach to purchase for \$25 each.** Sue's email: [sfiandach@gmail.com](mailto:sfiandach@gmail.com).

**Happy Birthday to You!**

Feb.



**PSC Prayer, Love, and Light List**

Do you know of someone in need of loving energy for any reason at all? Yes, it can also be you! Let us know the name or initials, and we will envision them in love, light, and perfect mental, emotional, spiritual, and physical health!

Email Kathy Manikowski, and she will add your request to the prayer list. Or, do you have a few minutes in your day to send a prayer for love and light to someone in need? Sign up to participate in Plymouth's new email prayer group by emailing Kathy at [Sunflowernl@aol.com](mailto:Sunflowernl@aol.com)

**Please fill out affidavits for our student Healers and Mediums**

Our students are working to become certified Plymouth Healers and Mediums. Certification for either requires 30 affidavits from you. If you have had a wonderful healing or evidential message, please fill out an affidavit. Healer affidavits are located on the table in the back of the Church, and Medium affidavits are located in a folder posted on the wall in the foyer.

Thank you for supporting our students as they serve God, Spirit, and you!

**Will You Do Your Part?**

Plymouth is a "co-op" church. It exists because members and friends contribute their money, time, and energy to make things happen. Please do your part and participate how and where you can. You meet the best people at PSC! There will be a few extra "chores" available with Pastor Robin being on Sabbatical!

**PSC Food Cupboard**

Donations of food and gift cards are always welcomed and appreciated to help local families! There is a need, especially for gift cards, as the cards provide the means to buy fresh products!

Please contact Francine Martella.



**Plymouth on Facebook**



Plymouth has "231 People Like This" on our **Plymouth Spiritualist Church Facebook** page! Are you one who Likes the Page? Check out the page for news, quotes, updates, and photos!

Newsletter Sponsors

*-Robin Wind*  
 Psychic Medium

Spiritual Adviser  
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[Robin@robinwinds.com](mailto:Robin@robinwinds.com)  
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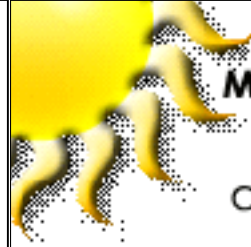


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**Business Card Ads**

\$30 for 6 months, (Jan-June or July-Dec)

\$60 for 12 months  
Send ad or Business Card to

newsletter@plymouthspiritualistchurch.org