



**Kathy Manikowski**  
Gentle Energy Healing  
for the Body, Mind, & Spirit

Reiki, Integrated Energy Therapy,  
Sound Healing, Spiritual Healing,  
Crystal Healing, and more...

Book a 1 Hour Healing & Receive  
a Free Long Distance Healing

KathyManikowski@aol.com 585-703-9518  
www.kathymanikowski.com



**Messages from the Light**  
**Susan Fiandach**  
Certified Psychic Medium

Call or email for a private reading.

585-586-4484 Sfiandach@gmail.com

**Susan DeVelder**  
Independent Beauty Consultant 10% will go to PSC.

54 Fox Street  
Rochester, New York 14615  
phone: (585) 766-8275  
e-mail: sdevelder@marykay.com  
website: www.marykay.com/sdevelder

MARY KAY



**LADY BE FIT EXPRESS**

Dale Anne Heffer - Owner/Director

1945 East Ridge Road  
Irondequoit, NY 14622  
(585) 278-1302  
www.LadyBeFitExpress.com

Also featuring:  
Isagenix Weight Loss / Melaleuca, The Wellness Co.

**The Tailored Nest**

custom sewing for  
the home



bedding  
decorative pillows  
table liners  
window treatments  
accessories

Denisse DiGiorgio  
585.694.2053  
www.thetailorednest.com



**Sandra J. Moore**  
Licensed Massage Therapist  
Massage, Reiki & Body Treatments

136 Thomas Avenue  
Rochester, NY 14617

cell 585-721-3944  
home 585-360-4813  
wellness4u@rochester.rr.com

**Journeys to Joy**




Kitty Moran, LCSW-R

Individual and Group Counseling  
Hypnotherapy \* Past Life Regression  
Now Accepting Most Insurance Plans

585-224-5732 www.joumeystojoy.com

**Mind/Body Wellness**  
Initiating Change From Within



**Dr. Ronald Rozzi Ms.D., RHy**  
Metaphysician/Hypnotherapist

Anxiety Disorder Clinic  
Student Awareness Seminars

585-503-7551 48 Main Street, Suite C  
rozzi1863@yahoo.com Scottsville, NY 14546

Craniosacral Therapy Clinical Acupressure



**Massage Therapy**  
**Shelley Bloomquist, LMT**

585-519-1013  
skaye81@yahoo.com

400 N. Main Str Warsaw, NY 14569 50 Genesee St Avon, NY 14414




**Rev. Rosalba Moscaro, MSW**  
Evening and Weekend  
Appointments Upon Request

1386 Island Collage Rd.  
Rochester, NY 14612

Counseling  
Coaching  
DNA Restructuring  
Sound Energy Work

Phone: (585) 301-3055  
email:rozemos@frontiernet.net



**SEPTEMBER 2010**

**THE SPIRITUALIST**

A PUBLICATION OF PLYMOUTH SPIRITUALIST CHURCH

**PASTOR'S CORNER**

Greetings, Friends!

September is the time when our children and young adults must settle down and begin to refocus ahead on the school year and new courses of study. As mature adults, we can also make and take the time for ourselves to do the same. It is a wonderful way to experience more on your earth walk.

These days, spending time reading or practicing my homework isn't really a chore anymore. It is a welcomed luxury. I LOVE learning new ways to communicate with Spirit.

I also value where I am spending my time and money. So I want you to know that we have some pretty amazing speakers, workshops, and instructors coming to PSC this fall, winter, and early spring 2011. I have been busy trying to be choosy and bring you "the very best" and keeping their fees affordable and fair for all of us. Right now, I have so many people who want to serve PSC that my problem has been when to schedule them! I don't want to put too much on the agenda. But at the same time, I really MUST offer more variety.

We hope that you take full advantage of stretching your body, mind, and spirit with us. Invite your family, friends, and coworkers to classes and services. It will make you feel great knowing that you helped someone find their connection to departed loved one at a service. What a very special gift indeed!

Our out-of-town workers and authors may have books and CDs for sale before and after workshops. If asked, they will autograph them for you, too! They have a financial minimum we must meet for them to travel to serve us. PSC CANNOT guarantee to "cover" it or you. Collectively we need everyone to PREREGISTER.

The most important thing is for you to do YOUR part: \* Commit . \* Sign Up. \* Pay a Deposit or

**Together We Are One**

Pastor Robin Higgins  
29 Vick Park A  
Rochester, NY 12607  
(585) 271-1470  
pastorrobin@rochester.rr.com

Sunday Service

10:30 - 12:00 noon

Third Wednesdays

Message & Spiritual

Healing Service

7 - 9 PM

Please arrive by 8 PM  
10-minute readings for  
\$15 donation

Free Spiritual Healing

Pastor's Office Hours:

As available & by appointment

Web site:

Plymouthspiritualistchurch.org

Newsletter Feedback:

newsletter@plymouthspiritualistchurch.org

Prepay In Full (counts you and holds your seat). \* Show Up!

Commitment is a sign of RESPECT to PSC, instructors, fellow classmates, and also to the spirits that choose to work with you. It is up to you to take personal responsibility for your own development. Thanks for making PSC a great place for other people wishing to spread the light of Spiritualism into the world. Thanks for all you do to make us shine!

Together We Are One! ~ Pastor Robin

**BOARD OF TRUSTEES**

**President :** Joanne Antinore  
Jcantinore@rochester.rr.com

**Vice President & Pastor-Board**

**Liaison:** Liz Curcio  
liz.curcio@gmail.com

**Secretary:** Val Grosche  
vgrosche@rochester.rr.com

**Treasurer:** TBD

**Trustees:**

Alice Lombardo  
alio73@aol.com

Susan Fiandach  
sfiandach@gmail.com

Mark Englerth  
englerth@live.com

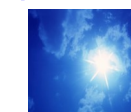
**Offertory**

Avg. Needed: \$ 2,500+

August: \$ 1,530

**PSC September Theme:**

**Spiritual Healing**



**Church Change for Community Change**

Put your pocket change in the little wooden church in the entry hall. Small amounts of change can really add up to make big changes in the world around us.



**September: Strong Children's Center**

## MAJOR UPCOMING EVENTS

## LIONEL OWEN RETURNS IN OCTOBER!

It has been two years since Lionel has served Plymouth, but we are thrilled to announce that he is returning this fall for an extended stay.

On October 15, we will start with an evening with Lionel and his Guides.

Saturday, October 16, will be the first day of a two-day workshop that will continue on Saturday, October 23.

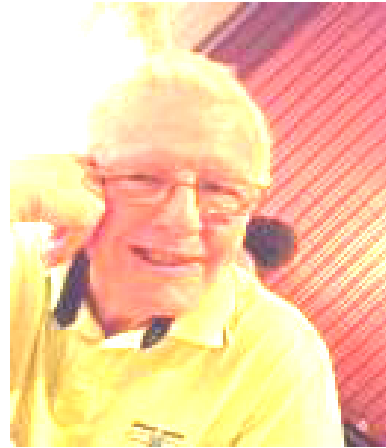
Lionel will be sitting in on other classes and circles, so he can experience Plymouth people.

If you're interested in a reading from Lionel, he will be available on and off over his entire time here.

Finally, he will be speaking at Plymouth on Sunday, October 24, so be sure to be here and hear what he has to say.

More details to come!

Lionel sends his love and light to you all!



## WORKSHOP, MESSAGE CIRCLE, AND PRIVATE READINGS WITH JINKI BOYER-GOODWIN: SEPTEMBER 24-26

**Jinki returns to Rochester to hold a workshop, a message circle, and conduct private readings.**

**Workshop: Mirror Imaging With Spirit.** Saturday, 9-12, \$35, preregistration required.

**Workshop Description:** While using our everyday mirrors and opening our third eye, we can see how Spirit

interacts with us. They will help us by overshadowing our faces and allowing us to see them work with us in the mirror.

This is an interactive class with hands-on learning. Please bring a handheld mirror larger than a compact size.

**Message Circle:** Friday, 7 - 9 PM, \$20. Everyone gets a message!

**Private Readings** by appointment:  
Wednesday and Thursday (9/22, 9/23): 10-5  
Friday (9/24): 10-3  
Sunday (9/26) after service: 1-5  
**See Pastor Robin for scheduling an appointment.**

## WORKSHOP WITH ROBERT EGBY: SPIRIT RESCUE: THE ULTIMATE HEALING - NOVEMBER 2010

Every day, according to the World Health Organization, an average of 141,000 people cease to be on Planet Earth. Many people assume 141,000 make a safe transition into the Spirit World. Not true. A small percentage get stuck in transition, and many suffer, seeking help which may never come.

Robert Egby, a Spiritualist author and independent minister, has spent over 30 years helping earthbound spirits cross over to the Spirit World, and that's what he calls the Ultimate Healing.

In this three-hour workshop,

Robert explains why spirits get snagged, how they exist, sometimes under extraordinary conditions, why they manifest cold energy, and how an earthbound can be recognized in a home, office, church, cemetery, or battlefield.

Each rescue is different, but there is a basic formula, a short service which can be used to successfully help heal the earthbound spirit. This healing work is not exorcism, it is working to help loved ones make a safe transition to the Other Side. This workshop comes with printed notes on all these topics, including instructions on how the healer

should live, think, speak, and conduct the rescue. There are also suggestions for spreading the word that your services are available.

Once you are ready to conduct spirit rescues, you will be surprised at how Spirit will lead you. Robert's latest book, *Insights: The Healing Paths of the Radical Spiritualist*, contains a chapter on how Spirit "lead" him to a rescue.

This workshop will be held **November 21**. You **MUST** pre-register for this workshop.

Thurs. Sept 30 Mediumship Development Circle, 7 - 9 PM, \$10

## PSC Library

Sue Fiandach is heading up the PSC library that is located in the newly renovated space downstairs. The library is ready for use! Stop by and take a look at the books available to sign out for reading!



## PSC Hymnal Purchase Update

We are using our new hymnal! PSC would like to purchase more. You can purchase a hymnal in memory or honor of a loved one, a pet, or just because! We have 50 new hymnals, and would like to have 75-100.

Please contact Sue Fiandach to purchase for \$25 each. Sue's email: sfiandach@gmail.com.

## Happy Birthday to You!

Sept 4 Mark Englerth

Sept 12 Toni Finlayson and Kathy Manikowski

Sept 16 Dawn Child

Sept 24 Hilary LaForge and Beth Prewitt

Sept 25 Lisa LaPoma

Sept 28 Irmgard LaForge



## Please fill out affidavits for our student healers and mediums

Our students are working hard to become certified Plymouth healers and mediums. They each need 30 affidavits. If you have had a wonderful healing or evidential message, please fill out an affidavit. Thank you for supporting our students as they work to serve God, Spirit, and you!

## PSC Prayer, Love, and Light List

Do you know of someone in need of loving energy for any reason at all? Yes, it can also be you! Let us know the name or initials, and we will envision them in love, light, and perfect mental, emotional, spiritual, and physical health!

Email Kathy Manikowski, and she will add your request to the prayer list. Or, do you have a few minutes in your day to send a prayer for love and light to someone in need? Sign up to participate in Plymouth's new email prayer group by emailing Kathy Manikowski at sunflowerl@aol.com

## Will you do your part?

Plymouth is a "co-op" church. It exists because members and friends contribute their money, time, and energy to make things happen. Please do your part and participate how and where you can. You meet the best people at PSC!

## Plymouth on Facebook



**Plymouth has "192 People Like This" on our Plymouth Spiritualist Church Facebook page!**

Are you one who Likes the page? Check out the page for news, quotes, comments, and photos!

## Newsletter Sponsors

*-Robin Wind*  
Psychic Medium

Spiritual Adviser  
Shamanic Healer  
Reiki Master Teacher  
Teacher / Lecturer

Robin@robinwinds.com  
www.robinwinds.com  
585-227-6291

Healing the Body, Soul & Mind

## Available for Custom Ceremonies

Namings / Baby Blessings  
Weddings / Sacred Unions  
Memorials / Funerals

For additional information or for appointment:  
*Robin.appointments@gmail.com*



**SEPTEMBER 2010**  
**SEPTEMBER THEME: SPIRITUAL HEALING**

Sun. Sept 5 **Speaker: Paul Miller**  
**Balancing Your Chakras**, with Kathy Manikowski, 12:30 - 2:30 PM, \$25  
**Extended Spiritual Healing**, 12:15 - 12:45 PM, Love donation

Tues. Sept 7 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10  
 Wed. Sept 8 **Empowerment Drumming**, with Mark Englerth, 7 - 9 PM, \$10  
 Thurs. Sept 9 **Mediumship Development Circle**, 7 - 9 PM, \$10  
 Sept 10–12 **Butterfly Retreat** with Pastor Robin. Pre-registration required  
 Sun. Sept. 12 **Speaker: Sue Fiandach; Mark Englerth, Chair**  
 Wed. Sept. 15 **Message & Spiritual Healing Service**, 7 - 9 PM, 10-minute reading \$15, FREE spiritual healing. Please arrive by 8 PM  
 Thurs. Sept 16 **Mediumship Development Circle**, 7 - 9 PM, \$10  
 Fri. Sept 17 **Psychometry Class**, with Pastor Robin. 6:30 - 8:00 PM \$20  
 Sun. Sept 19 **Speaker: Pastor Robin**  
**Meal and a Message**, “Fiesta Italiana” Members \$12, Friends \$15; lunch only \$4, reading only \$10  
**Choir Sings during Service!** Choir members, please meet at PSC at 10:00 AM  
 Tues. Sept 21 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10  
 Wed. Sept 22 **Meditation for Soul Transformation**, 7 - 8 PM, drop in, love donation  
 Thurs. Sept 23 **Mediumship Development Circle**, 7 - 9 PM, \$10  
 Fri. Sept 24 **Message Circle** with Jinki Boyer-Goodwin, 7–9 PM, \$20  
 Sat. Sept 25 **Mirror Imaging with Spirit** workshop with Jinki Boyer-Goodwin , 9–12, \$35  
 Sat. Sept 25 **Séance** with Robin Wind and Company , 7 - 9 PM, \$25  
 Sun. Sept 26 **Speaker: Jinki Boyer-Goodwin.** Private readings Wed-Sun, see article for times.  
**Choir Practice, 12:15 - 1:00 PM**  
 Tues. Sept 28 **Spiritual Healing Development Circle**, 7 - 9 PM, \$10.

**OCTOBER THEME: SPIRITS, GHOSTS, AND SPIRITUALISTS, OH MY!**

Sat. Oct 9 An Evening with PSC Mediums, with Sue Fiandach and Pastor Robin. 1/2 hour readings/\$30  
 Sun. Oct 3 Aura Basics, Kathy Manikowski, 12:30–2:30 PM, \$25  
 Wed. Oct 6 Pet Healing, 6:30–8:30 PM, love donation. LAST PET SERVICE UNTIL SPRING!  
 Wed. Oct 13 Empowerment Drumming, Mark Englerth, 7–9 PM, \$10  
 Fri. Oct. 15 An Evening with Lionel Owen and his Guides, 7–9 PM, \$25  
 Sat. Oct 16,23 Lionel Owen Mediumship Workshop (more details to come)  
 Sun. Oct 10 Chicken Barbeque, \$10 for Chicken, macaroni salad, baked beans, corn, and a cookie!  
 Sun. Oct 17 Meal and a Message – “Oktoberfest”  
 Right Hand of Fellowship, PSC receives new members  
 Sun. Oct. 31 Halloween Séance, 7–9 PM, \$30

**UPCOMING EVENTS ... AND BEYOND ...**

Sat. Nov 6 Monte Carlo Night, 6 PM–10 PM. With silent auction. Jim Stratton and Tom Renner hosts.  
 Sat. Nov 13 Fall Friends of Plymouth Psychic Fair. Reading tickets \$15 for 10 minutes  
 Sun. Nov 21 Robert Egby Workshop: “Spirit Rescue: The Ultimate Healing” \$35 Prepaid, \$40 at door  
 Sun. Nov 28 Decorate PSC Tree and Cookie Exchange

At PSC, no one is ever turned away for inability to pay.  
 \* Programs offered by Friends of Plymouth, are not necessarily NSAC approved.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 Speaker: Paul Miller Balancing Your Chakras with Kathy Manikowski, 12:30–2:30 PM. \$25 PSC Board Meeting	6 Spiritual Healing Development Circle 7-9 PM, \$10	7 Spiritual Healing Development Circle 7-9 PM, \$10	1 Pet Hands-on Healing 6:30–8:30 PM, Love Donation	2 Mediumship Development Circle Practice Message Work 7-9 PM, \$10	3 Butterfly Tribe Retreat	4 Butterfly Tribe Retreat
12 Speaker: Sue Fiandach Butterfly Tribe Retreat	13	14	8 Empowerment Drumming 7~8:30 PM, \$10	9 Mediumship Development Circle More Than Messages Advanced Techniques 7-9 PM, \$10	10 Butterfly Tribe Retreat	11
19 Speaker: Pastor Robin Meal and a Message: “Fiesta Italiana” Choir sings during service	20	21 Spiritual Healing Development Circle 7-9 PM, \$10	15 All Message and Spiritual Healing Service 7–9 PM \$15 for Reading, free Healing	16 Mediumship Development Circle Practice Message Work 7-9 PM, \$10	17 Psychometry Class with Pastor Robin, 6:30–8:30 PM. \$20	18
26 Speaker Jinki Boyer-Goodwin Choir Practice 12:15–1:00 PM	27	28 Spiritual Healing Development Circle 7-9 PM, \$10	22 Meditation for Soul Transformation 7–8 PM, Love Donations	23 Mediumship Development Circle More Than Messages Advanced Techniques 7-9 PM, \$10	24	25 Mirror Imaging with Spirit, Jinki Boyer-Goodwin, 9-12, \$35 Séance with Robin Wind and Company, 7–9 PM. \$25
29	30	29	29	30	29	30

**September 2010**  
**Plymouth Spiritualist Church**

Classes and Events

Class Minimums

Our classes and workshops need to have a minimum of **four people** who are actually **registered and paid**. If you plan to attend a class, please sign up, pay, and leave your phone number so you may be called if it is canceled. Sign-up sheets are located off to the side of the main entrance into church. Most circles are "drop in" and will always be held except in an emergency situation. Sign up with Liz Curcio or Kathy Manikowski to be put on the Circle emailing list.

Balancing Your Chakras

Sunday, September 5, 12:30 - 2:30 PM

Your chakras are the energy centers in your body that connect you physically, mentally and spiritually with the world around you. Join Kathy Manikowski to learn how to bring balance to your health and life through balancing your chakras. Class will include information on the seven major chakras, meditations, activities, and discussion. \$25.



Channeling Séance

Join Pastor Robin as she channels her many guides, and they deliver personal messages to everyone. Each person in attendance will also have the opportunity to ask a question and get an answer from "the other side."

Sat., September 25, 7 - 9 PM  
Sat., October 30, 7 - 9 PM

You must register and prepay \$25



Meal & A Message

Following the service, stick around for good food, great friends and an uplifting message. PSC members \$12, friends \$15, message only \$10, meal only \$5, or bring food and eat for free!

Sept 19 Fiesta Italiana

Oct. 17 Oktoberfest

Nov. 21 Turkey and Fixings

Dec. 19 Holiday Feast and the "Twelve Days of Plymouth"!



Psychometry Class

Friday, September 17, 6:30 - 8:00 PM

Have you ever touched someone or something and received images or thoughts in your mind immediately? If you said yes, you have experienced this ability. Psychometry is the ability to interpreting the energy impression or what some call vibrations from certain things.

Psychometry is also referred to as "psychic touch". This ability is connected to clairsentience and clairvoyance.

The gift of clairsentience is one that we all have to some degree. It is the feelings that you receive from others or things. The feelings of positive or negative from people or things. Such impressions can be perceived as images, sounds, smells, tastes - even emotions!

Pastor Robin leads this class. \$20.

Please sign up to attend!



Aura Basics

Sunday, October 3, 12:30 - 2:30 PM

Join Kathy Manikowski for a discussion on auras. Your aura is an energetic field that surrounds you. It contains your chakra system and is believed to hold information about your past, present, and future health. Learn about the different layers of your aura, and practice ways to sense and see your own and others' auras! \$25.



Classes and Events

Gallery Readings

Gallery Readings with PSC Mediums. Join us for extended personal messages from your guides and loved ones in Spirit. Each audience member will receive approximately five personal messages from Spirit and the opportunity to ask a question. \$15.

Saturday,  
Saturday, December 11, 7 - 9 PM

SPIRITUAL HEALING DEVELOPMENT

This circle will help to increase your knowledge and experience of Spiritual Healing through meditation and practice. Contact Kathy Manikowski before attending, at: sunflowerml@aol.com or 703-9518.

Tuesdays, 7 - 9 PM  
\$10



MEDIUMSHIP DEVELOPMENT

In this circle we will practice meditation, delivering messages and advance mediumship techniques. If you have any questions, please contact Pastor Robin at: pastorrobin@rochester.rr.com

Thursdays, 7 - 9 PM  
\$10



Would You Like a Reading?

Readings are available from the PSC Mediums after services. It is best to schedule appointments ahead, so the medium you are interested can plan according. Talk with Liz Curcio if you have any questions.

Cost \$1 per minute

October Pet Healing Service

Bring your beloved pets (or a picture) for healing. Held outside of the church from 6:30—8:30 PM on the following Wednesdays. Love donations

Wednesday, October 6

October will be the last service until Spring!



MEDITATION FOR SOUL TRANSFORMATION



This evening meditation time will **no longer** be held. This time slot — fourth Wednesday of each month — will be used for the new "Path to Plymouth" program that will begin this fall.

Details will be in the October newsletter!

INTRODUCTION TO MEDITATION & SPIRITUAL DEVELOPMENT

This Circle will **not** be held. The teachings will be incorporated into the new "Path to Plymouth" program that will begin this fall.

Details will be in the October newsletter!

Prayer For Abundance

Creator, I know that the River of Life brings with it unimaginable gifts of love and good. I freely give to life and welcome the limitless bounty that life gives back to me. I give grateful thanks for the blessings and abundance that are flowing to me and to Plymouth Spiritualist Church. Amen.

Abundance is about more than just money, it's about all things in your life love, health, family, friends, spirit, etc.