



NOVEMBER 2010

# THE SPIRITUALIST

A PUBLICATION OF PLYMOUTH SPIRITUALIST CHURCH

## PASTOR'S CORNER

Greetings Dear Ones,

This is the time to reflect and be grateful for the many blessings we have received this year. As we do so, we can see just how much we have accomplished in our everyday lives. We can see where the Creator and our SPIRIT Guidance has been present. We can feel the love and contentment with our own souls. And if we are a positive, kind, and loving person, we may hear laughter and witness smiles on the faces of those we regularly "give" the energy of love to.

For weeks now I have heard my friends in the Spirit World singing (yes to the tops of there ethereal lungs) "What the world needs now is love sweet love....it's the only thing that there is just too little of." But I also believe we need to don an Attitude of Gratitude for the many gifts and blessings we notice our lives each and every day.

I wish to share one of my favorite poems written by Fyodor Dostoyevsky

*Love all Creation*

*The whole of it and every grain of sand*

*Love every leaf*

*Every ray of God's light*

*Love the animals*

*Love the plants*

*Love everything*

*If you love everything*

*You will perceive*

*The divine mystery of things*

*And once you have perceived it*

## Together We Are One

Pastor Robin Higgins  
29 Vick Park A  
Rochester, NY 12607  
(585) 271-1470  
pastorrobin@rochester.rr.com

### Sunday Service

10:30 - 12:00 noon

### Third Wednesdays

### Message & Spiritual

### Healing Service

7 - 9 PM

Please arrive by 8 PM  
10-minute readings for  
\$15 donation

Free Spiritual Healing

### Pastor's Office Hours:

As available & by appointment

### Web Site:

Plymouthspiritualistchurch.org

### Newsletter Feedback:

newsletter@  
plymouthspiritualistchurch.org

I am grateful to have each and every one of you on this incredible journey

## BOARD OF TRUSTEES

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### **PSC Spiritual Healing Development:**

Contact Kathy Manikowski at  
[Sunflowernl@aol.com](mailto:Sunflowernl@aol.com)

### **Offertory**

Avg. Needed: \$ 2,500 +

October: \$2,402

## PSC November Theme:

*Count Your Blessings*



*And once you have perceived it*

*You will begin to comprehend it carelessly*

*More and more everyday*

*And you will at last come to love the whole world*

*With an abiding universal love.*

I am grateful to have a wonderful Spiritual home like PSC. I am grateful to have the opportunity to be of services to those in the Spirit World.

of you on this incredible journey with me. I am grateful for all of the healing we share and the loving messages given to those who need to know they are never alone. I am grateful for the laughter and the beautiful music. I am even grateful for the challenges and the tears....for without these we would not have the gift of LIFE.

Together We Are One!

~Pastor Robin & Friends

## Church Change for Community Change

Put your pocket change in the little wooden church in the entry hall. Small amounts of change can really add up to make big changes in the world around us.

**November: Salvation Army  
Toy Drive**



## MAJOR UPCOMING EVENTS

### WORKSHOP WITH ROBERT EGBY: SPIRIT RESCUE ~ THE ULTIMATE HEALING - NOV. 21



In this three-hour workshop, Robert explains why spirits get snagged, how they exist, sometimes under extraordinary conditions, why they manifest cold energy, and how an earthbound can be recognized in a home, office, church, cemetery, or battlefield.

Each rescue is different, but there is a basic formula, a short service that can be used to successfully help heal the earthbound spirit. This healing work is not exorcism; it is working to help loved ones make a safe transition to the Other Side.

Once you are ready to conduct spirit rescues, you will be surprised at how Spirit will lead you. Robert's latest book, *Insights: The Healing Paths of the Radical Spiritualist*, contains a chapter on how Spirit "led" him to a rescue.

**Robert's workshop will be held November 21 after the Sunday service.** You **MUST** preregister for this workshop either online or at the registration desk.

Cost: \$35 prepaid, \$40 at the door

### FRIENDS OF PLYMOUTH PSYCHIC FAIR . . . SATURDAY, NOVEMBER 13!

Next month, the Friends of Plymouth is sponsoring the Psychic Fair. This event is one of our major fundraisers of the year.

We plan on having mediums, psychics, tarot cards, runes, and psychometry for your enjoyment.

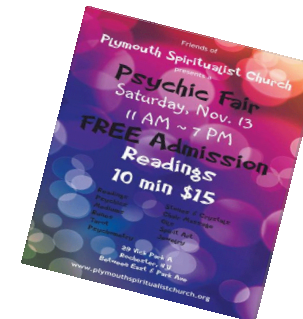
Our vendors will be returning with

stones, crystals, oil, and much more.

Your help is needed to make this event bigger and better than ever.

Volunteer sign-up sheets are now available. If you're busy that day and can't work, you can hang up flyers around town or drop off food for the workers.

Thanks for the support!!



### POEMS RECENTLY SHARED DURING SERVICES

#### 5 Finger Prayer



1. Your thumb is nearest you. So begin your prayers by praying for those closest to you. They are the easiest to remember. To pray for our loved ones is, as C. S. Lewis once said, a 'sweet duty.'
2. The next finger is the pointing finger. Pray for those who teach, instruct and heal. This includes teachers, doctors, and ministers. They need support and wisdom in pointing others in the right direction. Keep them in your prayers.
3. The next finger is the tallest finger. It reminds us of our leaders. Pray

Shared by Lionel Owen

#### Gardening God's Way Author Unknown

- Plant three rows of peas:  
Peace of mind  
Peace of heart  
Peace of soul
- Plant four rows of squash:  
Squash gossip  
Squash indifference  
Squash grumbling  
Squash selfishness
- Plant four rows of lettuce:  
Lettuce be faithful

for the President, leaders in business and industry, and administrators. These people shape our nation and guide public opinion. They need God's guidance.

4. The fourth finger is our ring finger. Surprising to many is the fact that this is our weakest finger, as any piano teacher will testify. It should remind us to pray for those who are weak, in trouble or in pain. They need your prayers day and night. You cannot pray too much for them.

5. And lastly comes our little finger - the smallest finger of all, which is where we should place ourselves in relation to God and others. As the Bible says, 'The least shall be the greatest among you.' Your pinkie should remind you to pray for yourself. By the time you have prayed for the other four groups, your own needs will be put into proper perspective and you will be able to pray for yourself more effectively.

Lettuce be kind

Lettuce be obedient

Lettuce really love one another

No garden without turnips:

Turnip for meetings

Turnip for service

Turnip to help one another

Water freely with patience and

Cultivate with love.

There is much fruit in your garden

Because you reap what you sow.

To conclude our garden

We must have thyme:

Thyme for God

Thyme for study

Thyme for prayer

**NOVEMBER THEME: COUNT YOUR BLESSINGS!**

- Tues. Nov. 2 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10  
 Wed. Nov. 3 **Meet and Greet Your Spirit Guides Circle** with Pastor Robin, 6:30–8:30 PM, \$25  
 Thurs. Nov. 4 **Mediumship Development Circle**, 7 - 9 PM, \$10  
 Sat. Nov. 6 **Monte Carlo Night and Silent Auction, 6–10 PM**  
 Sun. Nov. 7 **Speaker:**  
**Extended Spiritual Healing**, 12:15 - 12:45 PM, love donation  
 Tues. Nov. 9 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10  
 Wed. Nov. 10 **Empowerment Drumming** with Mark Englerth, 7 - 9 PM, \$10  
 Thurs. Nov. 11 **Mediumship Development Circle**, 7 - 9 PM, \$10  
 Sat. Nov. 13 **\*Friends of Plymouth Psychic Fair**, 11 AM–7 PM, reading tickets are \$15 for 10 minutes  
 Sun. Nov. 14 **Speaker: Pastor Robin**  
**Choir Practice**, 12:15–1:00 PM  
 Wed. Nov. 17 **Message & Spiritual Healing Service**, 7 - 9 PM, 10-minute reading \$15,  
 FREE spiritual healing. Please arrive by 8 PM.  
 Thurs. Nov. 18 **Mediumship Development Circle**, 7 - 9 PM, \$10  
 Sat. Nov. 20 **How to do Mediumship** with Pastor Robin, 9-5, \$75  
 Sun. Nov. 21 **Speaker: Robert Egby**  
**Robert Egby Spirit Rescue Workshop**, 1:00–4:00 pm, \$35 prepaid, \$40 at door  
**Meal and a Message**, “Turkey and Fixings”. Members \$12, Friends \$15 for meal and message;  
 Lunch only is \$5. Bring a dish to pass, eat for free! Reading only is \$10  
 Tues. Nov. 23 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10  
 Wed. Nov. 24 **Pathway to Plymouth Step 3, “Mediumship”**, 6:30–8:30 PM, \$25 per class, or \$75 for all four prepaid  
 Thurs. Nov. 25 **Mediumship Development Circle**, 7 - 9 PM, \$10  
 Sun. Nov. 28 **Speaker:**  
**Decorate the Plymouth Tree and Cookie Exchange**  
**Choir Practice**, 12:15–1:00 pm  
 Tues. Nov. 30 **Spiritual Healing Development Circle** with Kathy Manikowski, 7 - 9 PM, \$10

**DECEMBER THEME: PRACTICAL GIVING AND RECEIVING**

- Fri. Dec. 3 Message Circle with Carol Gasber, 7–9 PM, \$25 per person, or 2 for \$40  
 Sat. Dec. 4 Carol Gasber Trance and Workshop, 9 AM–5 PM, \$75 prepaid, \$80 at the door  
 Sat. Dec. 11 Gallery Readings, 7–9 PM, \$15  
 Sun. Dec. 12 **Speaker:** Carol Gasber, a Lily Dale Registered Medium  
 Sun. Dec. 19 Holiday Feast, and the “Twelve Days of Plymouth”! Pastor Robin, Speaker  
 Wed. Dec. 22 Pathway to Plymouth, Step 4: “Service”. \$25  
 Fri. Dec. 31 Burning Bowl Ceremony

\* There will be no third Wednesday evening “Message and Spiritual Healing Service” in December!

**UPCOMING EVENTS ... AND BEYOND ...**

Jan. or Feb., 2011 Marianne Dery

Feb., 2011 Pamela Edmunds— Holistic Healing Practitioner, Certified Medium, and Spiritual Teacher

At PSC, no one is ever turned away for inability to pay.

\* Programs offered by Friends of Plymouth, are not necessarily NSAC approved.

## Classes and Events

### Class Minimums

Our classes and workshops need to have a minimum of **four people** who are actually **registered and paid**. If you plan to attend a class, please sign up, pay, and leave your phone number so you may be called if it is canceled. Sign-up sheets are located off to the side of the main entrance into church. Most circles are "drop in" and will always be held except in an emergency situation. Sign up with Liz Curcio or Kathy Manikowski to be put on the Circle emailing list.

### Plymouth Psychic Fair November 13

Can you help? Just posting a couple flyers will help us advertise this event and bring in new people. We are looking for Mediums to serve at this event! Please contact Liz Curcio if you are interested in serving!



### How to Do Mediumship Saturday, November 20, 9 AM—5 PM

This class, run by Pastor Robin, teaches and demonstrates techniques to fine tune your Spirit Message work. Students are participating weekly in a fun, uplifting environment, in the giving and receiving of spirit messages - using NSAC/PSC Service Format. There are open class discussions about personal development, understanding Signs & Symbols from the Spirit World, Message Content and Processing, along with a Question and Answer period upon closing.

This class is part of the Mediumship Program offered through Plymouth and **is required for an individual to be considered a student medium at PSC.**

### Meal & A Message

Following the service, stick around for good food, great friends and an uplifting message. For the meal and a message, PSC members \$12, friends \$15; A Message only, \$10. The Meal only, \$5, or bring a dish to pass and eat for free!

Nov. 21 Turkey and Fixings

Dec. 19 Holiday Feast and the  
"Twelve Days of Plymouth"!

Jan. 16, 2011 Comfort Food



### Plymouth Tree Trimming and Cookie Exchange Sunday, November 28, 12:00—2:00 PM,

Join us right after the Sunday Service!

Come and help us decorate the Church for the holidays! We're also doing a cookie Exchange - Bring your favorite cookies to share with others, and take home some new treats for you and your family!



### Gallery Readings

Saturday, December 11, 7-9 PM

### Empowerment Drumming with Mark Englerth

**Saturday, December 11, 7 - 9 PM**

Gallery Readings with PSC Mediums!

Join us for extended personal messages from your guides and loved ones in Spirit. Each audience member will receive approximately five personal messages from Spirit and the opportunity to ask a question.

The cost is \$15.

**2nd Wednesday of Each Month 7–8:30 PM, \$10**

Join Mark in drumming and discover your soul's sacred rhythmic song. Drumming can reduce stress, assist with the mind-body connection, and increase your enthusiasm for life!



## Classes and Events

### MEET AND GREAT YOUR SPIRIT GUIDES DEVELOPMENT CIRCLE

All Spirit work needs a good foundation. This includes knowing the team of spirit guides who are working with you. As healers, practicing all types of mediumship work, or just in our plain day-to-day life, we must tap into this source to help, teach, guide, and protect our gifts. Having a clearer channel to these guides will not only help you to feel better connected to the Source, but will also develop relationships allowing greater understanding of messages from those who assist us!

All classes include a guided meditation led by Pastor Robin Higgins followed by a group discussion and Q&A time. It is interactive and a great thing to do again and again, as each time you do this type of meditation, more is revealed! Please bring a notebook or journal.

**First Wednesday of each Month, 6:30–8:30 PM, \$20.**

### SPIRITUAL HEALING DEVELOPMENT CIRCLE

This circle will help to increase your knowledge and experience of Spiritual Healing through meditation and practice. You must take the Intro to Spiritual Healing Class or the Pathways to Plymouth Step 2 Healing class before joining this Circle. Contact Kathy Manikowski at: sunflowernl@aol.com or call 703-9518.

**Tuesdays, 7 - 9 PM, \$10**



### MEDIUMSHIP DEVELOPMENT CIRCLE

In this circle we will practice meditation, delivering messages and advance mediumship techniques. If you have any questions, please contact Pastor Robin at: pastorrobin@rochester.rr.com

**Thursdays, 7 - 9 PM, \$10**



### THE PATHWAY TO PLYMOUTH PROGRAM

PSC is where you are free to grow and discover your "personal truth." The Pathway to Plymouth Program is designed to answer questions and to provide you with the keys needed to unlock that truth, helping you develop a more meaningful connection with the essence of your being and Spiritualism. It is a four-step process offered three times a year.

Step 1 - Spiritualism: Our Mission, Our Purpose, and Our Principles

Step 2 - Growing Through The Healing Process

Step 3 - Growing Through Mediumship

Step 4 - Growing Through Service

This program will be required for all who are interested in joining our church in 2011 and beyond. Topic discussions will be led by Mark Englerth and Pastor Robin.

The classes are held on the fourth Wednesday of the month. The cost is \$25 per class or \$75 for all classes if prepaid. Step 2 class will be held October 27!



### Prayer For Abundance

*Written by Kathy Manikowski, this prayer is a regular part of our service!*

Creator,

### Would You Like a Reading ?

Readings are available from the PSC Mediums after Sunday services. It is best to schedule appointments ahead, so the Medium you are interested can plan according. Talk with Liz Curcio if you have any questions.

**Cost \$1 per minute**

I know that the River of Life brings with it unimaginable gifts of love and good. I freely give to life and welcome the limitless bounty that life gives back to me. I give grateful thanks for the blessings and abundance that are flowing to me and to Plymouth Spiritualist Church. Amen.

Abundance is about more than just money, it's about all things in your life love, health, family, friends, spirit, etc.

# Plymouth Spiritualist Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Speaker:</b>  <b>Extended Spiritual Healing ,</b>            12:15–12:45 PM, Love            Donation</p> <p>7</p>		<p><b>Spiritual Healing            Development Circle</b>            7-9 PM, \$10</p> <p>2</p>		<p><b>Mediumship            Development Circle</b>            Practice Message Work            7-9 PM, \$10</p> <p>4</p>	
<p><b>Speaker:</b>  <b>Pastor Robin</b>  <b>How To Do Spiritual Healing,</b>            12:30–2, \$25  <b>Choir Practice,</b> 12:15–1:00            PM</p> <p>14</p>			<p><b>Empowerment            Drumming</b>            7-9 PM, \$10</p> <p>10</p>	<p><b>Mediumship            Development Circle</b>            More than Messages            Advanced Techniques            7-9 PM, \$10</p> <p>11</p>	
<p><b>Speaker: Robert Egby</b>  <b>Meal and a Message: Turkey            and Fixings*</b>  <b>Robert Egby Spirit Rescue            Wkshp,</b> 1:00–4:00 PM \$35            prepaid, \$40 at door</p> <p>21</p>		<p><b>No Spiritual Healing            Development Circle!</b></p> <p>23</p>	<p><b>All Message and Spiritual            Healing Service</b>            7–9 PM            \$15 for Reading, free            Spiritual Healing</p> <p>17</p>	<p><b>Mediumship            Development Circle</b>            Practice Message Work            7-9 PM, \$10</p> <p>18</p>	
<p><b>Speaker:</b>  <b>Decorate the Plymouth Tree            and Cookie Exchange</b>  <b>Choir Practice:</b> 12:15–1:00            PM</p> <p>28</p>		<p><b>Spiritual Healing            Development Circle</b>            7-9 PM, \$10</p> <p>30</p>	<p><b>Pathway to Plymouth            Step 3: Mediumship</b>            7-9 PM            \$25 if not prepaid for all 4            classes.</p> <p>24</p>	<p><b>Thanksgiving</b>            No Mediumship            Development Circle</p> <p>25</p>	

**November,**

# rch

Friday	Saturday
5	6 <b>Monte Carlo Night and Silent Auction</b> 6—10 PM Held at the Church
12	13 <b>Friends of Plymouth Psychic Fair,</b> 11 AM—7 PM, reading tickets are \$15 for 10 minutes. Held at the Church
19	20 <b>How to do Mediumship with Pastor Robin,</b> 9 AM -5PM, \$75
26	27

# 2010

**PSC Library**

The PSC Library is open for use! Please check out this wonderful room downstairs. Books can be signed out, and there is a box for donations. Any questions, please see Sue Fiandach.



**PSC Hymnal Purchase Update**

We are using our new hymnals! PSC has bought some of the hymnals, so they are available for dedication. You can purchase a hymnal in memory or honor of a loved one, a pet, or just because! We have 50 new hymnals and would like to have 75–100.

Please contact Sue Fiandach to purchase for \$25. each. Sue’s email: [sfiandach@gmail.com](mailto:sfiandach@gmail.com).

**Happy Birthday to You!**

November 1, Sharon Peck  
 November 2, Jonathan Smelts  
 November 14, Jim Stratton  
 November 24, Paul Hodges



**PSC Prayer, Love, and Light List**

Do you know of someone in need of loving energy for any reason at all? Yes, it can also be you! Let us know the name or initials, and we will envision them in love, light, and perfect mental, emotional, spiritual, and physical health!

Email Kathy Manikowski, and she will add your request to the prayer list. Or, do you have a few minutes in your day to send a prayer for love and light to someone in need? Sign up to participate in Plymouth’s new email prayer group by emailing Kathy Manikowski at [sunflowernl@aol.com](mailto:sunflowernl@aol.com)

**Please fill out affidavits for our student Healers and Mediums**

Our students are working to become certified Plymouth Healers and Mediums. Certification for either requires 30 affidavits from you. If you have had a wonderful healing or evidential message, please fill out an affidavit. Healer affidavits are located on the table in the back of the Church, and Medium affidavits are located in a folder posted on the wall in the foyer.

Thank you for supporting our students as they serve God, Spirit, and you!

**Will You Do Your Part at Plymouth?**

*Have you noticed the Dining Room has been repainted? It looks great!*

Plymouth is a “co-op” church. It exists because members and friends contribute their money, time, and energy to make things happen. Please do your part and participate how and where you can. You meet the best people at PSC!

**PSC Food Cupboard**

Donations of food and gift cards are always welcomed and appreciated to help local families! There is a need, especially for gift cards, as the cards provide the means to buy fresh products!

Please contact Francine Martella for information to contribute food and turkeys for Food Baskets that will be put together. These baskets will be delivered on December 19th.



**Plymouth on Facebook** 

**Plymouth has 211 “People Like This” on our Plymouth Spiritualist Church Facebook page!**

Are you one who Likes the Page? Check out the page for news, quotes, comments, and photos!



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For additional information or for appointment:

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